

Community Mental Health Resources for Students and Families

Finding PA Resources	PA 211	Visit or chat online: pa211.org Call or text zip code to: 2-1-1	Available 24/7, free and confidential 240 languages
	Local HelpLine	717-652-4987 1-800-932-4616 (toll-free) Visit online: www.contacthelpline.org/	Provides listening services, information and referrals for services Available 24/7
Family Education & Support Groups	National Alliance on Mental Illness (NAMI) <i>Central PA Chapter</i>	2501 N 3rd Street, Harrisburg 717-233-1164 https://namicentralpa.org/	Provides support and information to families regarding mental health. Offers several free weekly virtual <i>support & educational groups</i> for youth and families. See website for registration details and scheduled days/times. Free Mental Health training: Mental Health First Aid and QPR Gatekeeper.
	Youth MOVE PA <i>PA Mental Health Consumers Associations</i>	2551 Walnut Street, Harrisburg 717-221-1022 https://youthmovepa.wildapricot.org/	Provides support and information to individuals, families and communities to better understand mental illness and empower those affected. Offers free weekly virtual support group for young adults: <i>Thrive For Hope</i> . View calendar of meetings under Our Projects tab on the website.
Mental & Behavioral Health Support	Student Assistance Program (SAP)	Contact DCTS Counseling Department for more information or to make a referral: 717-652-3170	DCTS has a trained SAP team that works alongside contracted liaisons (below) to support students who may have struggles with mental health and/or substance use Mental Health Liaison: <i>Keystone Behavioral Health</i> Drug & Alcohol Liaison: <i>Dauphin County Department of Drug and Alcohol Services</i>
	Dauphin County Assistance Office <i>The assistance office determines eligibility for medical assistance (MA). Persons with MA or an ACCESS card are members of PerformCare, a behavioral health managed care company.</i>	2432 N 7th Street, Harrisburg 717-232-8761 or 1-866-820-3516 (toll-free) Monday-Friday 8am-5pm Northern Dauphin Office: 259 State Road, Elizabethtown 717-362-1212 1-866-820-3521	If you already have Medical Assistance (MA) or ACCESS card: Contact PerformCare for publicly-funded mental health treatment services and support: Visit website: www.performcare.org and go to Member Services Call: 717-671-6500 or 1-888-722-8646 Request to speak with Member Services
	Outpatient (OP) Therapy	Agency-based Outpatient Therapy <ul style="list-style-type: none"> • Call phone number on back of insurance card for a list of providers • Contact Dauphin County's Managed Care Company: PerformCare Member Services at 717-671-6500 Private Outpatient Therapy: <ul style="list-style-type: none"> • Use of private insurance or self-pay • Search: https://www.psychologytoday.com/us/therapists/pennsylvania • Note: Filter for location, insurance, specialty, in-person or virtual, etc. 	
Crisis Services	<i>Connections</i> Local Emergency Behavioral Health Crisis Walk-in Center	1100 S. Cameron Street, Suite 2, Harrisburg 717-408-1353 or 988	Available 24/7/365 Mobile services: adults, teens, and children Walk-in services: ages 14+ only Assessments can be conducted via phone or in-person at community setting
	National Suicide Crisis LifeLine Call: 9-8-8 Visit: 988lifeline.org	Dauphin County Crisis Intervention Services 100 Chestnut Street, 1st floor, Harrisburg 717-232-7511 1-888-596-4447 Northern Dauphin Office: 259 State Drive, Elizabethtown 717-232-7511 1-877-891-7544	Available 24/7/365 Serves adults, teens, and children Assessments can be conducted via phone, mobile or walk-in

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Community Based Case Management Services	Office of Vocational Rehabilitation (OVR)	<p><i>Bureau of Vocational Rehabilitation</i> 651 Boas Street, 7th Floor, Harrisburg</p> <p>www.pa.gov/services/dli/apply-for-vocational-rehabilitation-services</p> <p>DCTS Contact: Rosanny Reyes, OVR Counselor 717-319-6305</p>	<p>OVR offers services tailored to individual needs for those seeking disability support.</p> <ul style="list-style-type: none"> Obtaining, maintaining, or advancing employment as it relates to: goal setting, guidance and individualized planning, and support with job placement assistance including tools, equipment, or licenses needed. Address barriers for employment and independent daily living such as: physical therapy, occupational therapy, wheelchairs, communication aids, home and vehicle modifications for accessibility, assistive technology.
	<p><i>Pathways Forward</i> Dauphin County Human Services</p> <p>Case-Management types: 1. Administrative 2. Intensive</p>	<p>1100 South Cameron Street Harrisburg, PA 17104 717-232-8761 1-866-820-3516 (toll-free) Walk-in services: Monday-Thursday 9am-3pm</p> <p>Northern Dauphin Office: 259 State Road, Elizabethville 717-362-1212 1-866-820-3521 (toll-free)</p> <p>Dauphin County https://www.dauphincounty.gov/</p> <p>Pathways Forward https://www.pathfwd.org/</p>	<p><i>Publicly funded Mental Health, Autism, Developmental, and Early Intervention Services.</i></p> <p>Intellectual & Developmental Disabilities (IDD) supports offered to any child or adult who meets the following criteria:</p> <ul style="list-style-type: none"> Resident of Dauphin County, PA, age 3 or older A diagnosis of intellectual disability as defined by PA Office of Development Programs (ODP) policy Intake can occur at home, office or community setting Accommodations available (interpreters) <p>Mental Health services:</p> <ul style="list-style-type: none"> Residents of Dauphin County, PA, age 3 or older Needing support in the following areas: mental health, medical, social, financial, vocational, educational Schedule intake at office location or walk-in at Harrisburg location
	The Jeremy Project <i>Case Management Unit: Pathways Forward</i>	<p>1100 S. Cameron Street, Harrisburg 717-441-7314</p> <p>www.pathfwd.org/jeremy-project/</p>	<p>Youth ages 16-24 Needing support in two of the following:</p> <ul style="list-style-type: none"> Education Employment Life Skills Socialization & Community Life
Other Specific Resources	PA KinConnector	<p>www.kinconnector.org Questions? Email: kinsupport@kinconnector.org</p>	<p>Provides caregivers <i>resources, information, support and education</i> to those that take on the traditional parenting responsibilities when biological parents cannot.</p>
	Valley Youth House Organization	<p>2001 North Front St, Suites 320-323, Harrisburg 717-963-7565 https://valleyyouthhouse.org/programs</p>	<p>Local nonprofit organization that provides a variety of services to youth in need. Services are free & focus independent living, life skills, housing, prevention, etc. NOTE: Services may only be offered to certain ages or criteria.</p>
	Dauphin County Children and Youth Services	<p>1001 North 6th Street, Harrisburg 717-780-7200</p> <p>Northern Dauphin Office 295 State Drive, Elizabethville 717-905-2700</p> <p>https://www.dauphincounty.gov/ Select Human Services tab for Children & Youth</p>	<p>Dauphin County Children & Youth prevention services include:</p> <ul style="list-style-type: none"> Family Group Conferencing Boys and Girls Club of Central PA: Targeted Outreach Program Halifax Teen Center Family Support of Central PA, which includes bullying prevention programs and support to grandparents raising minors. Northern Dauphin YMCA: Mentoring Program

Questions? Contact DCTS School Social Worker: Jodi Smith, LSW at 717-652-3170 ext 2227 or email: jsmith@dcts.org

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